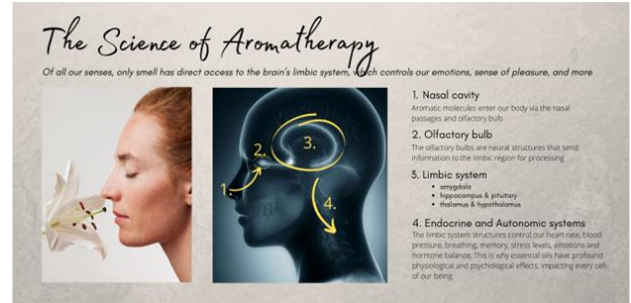


NEW! 3 Online Aromatherapy Courses providing fun, easy crafting projects for health and emotional wellness. Choose 1 or all, below!



Aromatherapy uses concentrated oils taken from the roots, flowers, leaves, or seeds of plants using steam or pressure. The oil contains the “essence” of the plant that provides a distinct odor. There are more than 400 essential oils.

The Basics

Learn about the most popular oils such as lavender, rosemary, eucalyptus, chamomile and how to **make soaps that feature these fun scents.**

Advanced

Did you know Pomegranate essential oil is considered a super-food skin fruit? Learn about other skin benefits and make **some easy lotion bars** that are good for your skin!

Health Challenges & Essential Oils

While there is no scientific evidence that aromatherapy can cure or prevent cancer, oils can be used as complementary therapy, to relieve symptoms of chemo. We'll use ginger, lavender, orange and jojoba in **fun-to-learn candles.**

Sign up for our FREE mini-course on benefits of Massage and Essential Oils – Imagine the powerful healing aromas of essential oils magnifying the feel-good benefits of massage, and how it boosts your immune system – it's all in this free mini-course!



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